



Australian Expert in Sports Science and Nutrition Joins Herbalife Nutrition Advisory Board



ADELAIDE, February 18, 2016 – Global nutrition company, Herbalife announced today that Dr. Darren Burgess, an expert in sports science and nutrition, has become the first Australian appointed to its Nutrition Advisory Board (NAB).

Dr. Burgess has experience in education and training, having worked as a lecturer in Exercise Science at Australian Catholic University in Sydney and completing his PhD in movement analysis of AFL and Soccer. He has lectured at prestigious Australian Universities and has had multiple papers published in peer review journals. Additionally, Dr. Burgess has spoken at numerous national and international sports medicine conferences.

Dr. Burgess is currently Head of High Performance at Port Adelaide Football (AFL) Club. Prior to this appointment, Dr. Burgess was Head of Fitness and Conditioning at Liverpool Football Club (EPL) and has a background in sports science and fitness coaching for many top Australian national and regional sporting organizations.

Dr. Burgess' appointment reflects further expansion of nutrition and health experts from Asia Pacific in the Herbalife Nutrition Advisory Board who will play a central role in raising public awareness and leading educational programs on balanced nutrition and healthy active lifestyle in 15 countries across the region as part of Herbalife's Asia Pacific Wellness Tour initiative.

Herbalife Nutrition Advisory Board

Herbalife's Nutrition Advisory Board (NAB) is comprised of professionals in the fields of nutrition and health from around the globe who extend the principles and philosophies outlined by the Herbalife Nutrition Institute into the process of educating and training Independent Herbalife

Members on the principles of balanced nutrition, physical activity and a healthy lifestyle. The Chairman of the Nutrition Advisory Board is M.D., Ph.D., F.A.S.N., F.A.C.N. David Heber, supported by Vice Presidents and M.D., M.P.H. Luigi Gratton and Ph.D. Louis Ignarro Nobel Laureate in Medicine. For more details on the Nutrition Advisory Board, please visit <http://company.herbalife.com/nab>

About Herbalife

Herbalife (NYSE:HLF) is a global nutrition company that has been changing people's lives with great products since 1980. Our nutrition, weight-management, energy and fitness and personal care products are available exclusively to and through dedicated Independent Herbalife Members in more than 90 countries. We are committed to fighting the worldwide problems of poor nutrition and obesity by offering high-quality products, one-on-one coaching with an Herbalife member and a community that inspires customers to live a healthy, active life.

We support the Herbalife Family Foundation (HFF) and its Casa Herbalife programs to help bring good nutrition to children in need. We also sponsor more than 190 world-class athletes, teams and events around the globe, including Cristiano Ronaldo, the LA Galaxy, Western Sydney Wanderers FC and champions in many other sports.

To learn more visit Herbalife.com.

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