



FOR IMMEDIATE RELEASE

Herbalife Family Foundation Funds Observational Study at Princess Margaret Hospital to Benefit Children at Risk of Weight Related Ill Health

8 July 2015 — The Herbalife Family Foundation (HFF), a non-profit corporation that establishes partnerships with various organisations locally and globally to bring good nutrition to children in need, has just announced a one-year partnership with Princess Margaret Hospital Foundation, Western Australia to conduct a study that will benefit children at risk of weight related ill health.

The program will be an observational study of a clinical service known as *Changes in Lifestyle are Successful in Partnership (CLASP)*. The CLASP program is a year-long lifestyle change program that targets those children most at risk for weight related ill health. In tandem with these children receiving medical care, a multi-disciplinary team works with families in groups and in a one-to-one format, supporting them with adopting and sustaining healthy lifestyle habits that may improve their children's weight and health.

The study, titled "Long term effect of a tertiary based paediatric multi-component lifestyle education and behaviour program on weight status and cardio-metabolic outcomes", launched in May 2015, will run for approximately 18 months and aims to understand the effect of the CLASP program on participating youngsters and their families. The research team is especially interested in finding which lifestyle changes help improve children's physical and emotional health. Findings will be used to enhance services and benefit children with weight issues. Given that obesity is a global epidemic, the results of the study will be published, with outcomes disseminated nationally and internationally - aiming to benefit children across the country and worldwide.

"The support from the Herbalife Family Foundation will go a long way towards helping children in Western Australia who are cared for at the hospital each year," said Princess Margaret Hospital Foundation CEO Denys Pearce. "We truly appreciate the generosity of partners such as Herbalife, who are committed to giving back to the most vulnerable in the community. In addition to much needed financial support, Herbalife Members and staff have really embraced our partnership and volunteered their time to host one of the Foundation's regular free Stitches' Family BBQs at the hospital. This shows how committed they are to helping children and families at the hospital, and ensuring their visits are as comfortable as possible."

Rod Taylor, Herbalife General Manager, Australia & New Zealand, added: "We are excited about this study, which is already delivering good results. We are confident that the study will have a positive impact, providing insight into how families can maintain healthy lifestyles that will improve children's health and nutrition habits long term."

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About Herbalife Family Foundation

Herbalife Family Foundation (HFF) is a nonprofit organisation dedicated to improving the lives of children by helping charitable organisations provide healthy nutrition to children in need. Additionally, HFF often supports relief efforts in response to catastrophic natural disasters around the world.

In 2005, HFF was proud to introduce the Casa Herbalife Program to help provide healthy and



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nutritious meals by partnering with existing charities serving children. Today, HFF supports over 120 Casa Herbalife programs in more than 50 countries and serves the daily nutritional needs of more than 100,000 children daily. HFF is supported by Independent Herbalife Members, their friends and families and Herbalife employees.

To learn more about HFF and the Casa Herbalife programs, please visit www.HerbalifeFamilyFoundation.org

About Herbalife

Herbalife is a global nutrition company that has been changing people's lives with great products since 1980. Our nutrition, weight-management, energy, sports and personal care products are available exclusively to and through dedicated Independent Herbalife Members in more than 90 countries. We are committed to fighting the worldwide problems of poor nutrition and excess weight by offering high-quality products, one-on-one coaching with a Herbalife Member and a community that inspires customers to live a healthy, active life.

We support the Herbalife Family Foundation (HFF) and its Casa Herbalife Program to help bring good nutrition to children in need. To date, HFF has supported over 100 global programs and helped more than 120,000 children around the world. We also sponsor more than 250 world-class athletes, teams and events around the globe, including Cristiano Ronaldo, LA Galaxy FC, Western Sydney Wanderers FC and champions in many other sports.

The company has over 7,400 employees worldwide, and reported net sales of US\$5 billion in 2014. For more information on Herbalife visit www.herbalife.com.au

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